



Swim Lesson Memo for Fall Session with COVID Alert Level 2 Recommendations

We are pleased to announce that we will be offering swim lessons this fall and we are excited to welcome you back! We have made several changes to ensure a safe environment during your child's lesson based on the current COVID 19 recommendations from the Government of Newfoundland and Labrador.

Due to our maximum capacity restrictions for the Aquatics area, swim lesson availability has been reduced. Accommodations for spectators has been limited, and only one parent/guardian per swimmer is permitted during the lesson. Any other family members, including siblings and grandparents, will not be permitted.

Before activating your child's membership for swim lesson registration, please be aware of the new conditions under which lessons will run. The following points are the changes we have made based on recommendations:

- *All children ages 6 years and younger will need an adult (18 years or older) in the water with the child. Only the child will require a membership. The adult will be required to show photo ID and sign in at the front desk.*
- *Parents of children under the age of 10 who are not required to be in the water must still remain in the building to comply with the YMCA Child Protection Policy. We have a designated, socially distanced area available for you on the pool deck. Only one adult permitted per child.*
- *Please limit time spent in the building. We ask that you do not arrive any more than 10 minutes prior to your scheduled lesson time. We also ask you exit the building promptly after your class has ended.*
- *To help ease congestion, please use the appropriate change room for you and your child. The male and female change rooms, as well as the family change room, are all available for use. Locker availability has been reduced to allow for physical distancing.*
- *Masks are currently optional for anyone ages 5 and over. We encourage YMCA participants and visitors to wear them*
- *We ask that you come prepared for your class. This means having your swimsuit already on to minimize time spent in the dressing room. All persons who will be in the water must shower before going to the pool area.*
- *Swim lesson structure will be modified and all levels of swim lessons will now be 30 minutes.*
- *There will be no lost and found available. Items left behind will be discarded at end of day.*

Swim lesson registration will take place on Sunday, Sept. 12 at 8:00am. A membership is required for lessons, and the membership must be active prior to registration. *We will not activate any memberships on registration day.* If you choose to register over the phone, we ask that you be patient as we have two phone lines available. If you choose to register by visiting the YMCA, please practice proper physical distancing by standing next to our markers in the parking lot while you wait.

Lessons are scheduled to start on Monday, Sept. 20 and will run until Saturday, Dec. 18. We may re-evaluate swim lesson procedures at this time and make any necessary adjustments for the 2021 year based on the current situation and recommendations. We appreciate your patience and understanding as we navigate our new normal, and we look forward to seeing you all!