



Youth Programs

Winter 2012

January 9 - March 17, 2012

Members Free
Non Members \$60.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Volleyball Ages 12-15 6:00-7:30pm *Pending Registration	Tumblebugs Ages 3-5 3:30-4:15pm	YMCA Little Cheer Ages 4-7 3:30-4:15pm	Basketball Ages 4-7 3:30-4:15pm	Ball Hockey Ages 4-7 3:30-4:15pm	Soccer Ages 4-7 3:30-4:15pm
	ZumbaTonics Ages 8-14 4:30-5:15pm	YMCA Cheer Ages 8-12 4:30-5:30pm	Basketball Ages 8-12 4:30-5:30pm	Ball Hockey Ages 8-12 4:30-5:30pm *Pending Registration	

Safety of Children

To ensure the safety and appropriate supervision of children while at the YMCA, children under the age of 10 must be either attending a supervised YMCA program or be under the direct supervision and within arm's reach of an adult guardian at least 16 years of age. This policy includes Open Swim and Open Gym. Children have access to a courtesy telephone at the Membership Desk.

Registration Dates

January 3, 2012 *Members*
January 7, 2012 *Non Members*

Child Minding

Tuesday and Thursday 6pm- 8pm
Held at The Children's Learning Center
Punch Passes and Info at the Membership Services Desk
Supervised by Child Care Staff
Beginning January 3

Indoor Playground

For children ages 1- 5 years.
Children can run, jump and enjoy a variety of gym equipment in the unstructured program.

Tuesday, Thursday and Saturday at 9:30 to 11:30

**This is an unsupervised activity. Children must be accompanied by an adult*

Thursdays Only – Zumba Kids at 10:00-10:30 (Drop In) (Instructor based Program)

Super Fantastic Birthday Parties!

What better way to celebrate your special day than to swim in our pool, or playing your favorite sport in our gymnasium.

Members: \$84.75 Non-Members: \$113.00

Please contact YMCA Membership Services for rental information.

Membership Assistance

The YMCA wants everyone to have the opportunity to take part in its programs and enjoy its facilities and services. Financial aid is available to those who need assistance. Please visit our memberships services desk for more information.

Building healthy communities

The goals for the YMCA Sports programs are to develop self-confidence and self-respect in children and an appreciation of their own worth as individuals. We set a positive environment that promotes hard work, sportsmanship, respect, responsibility and honesty.

Youth Program Descriptions

Tumblebugs- A modified gymnastics and movement program for young children.

YMCA Cheerleading– Experience the performance aspect of cheerleading while learning the basic skills, chants and routines.

ZumbaTonics- Inspired by Latin International dance, this is a great cardio fitness class with a focus on fun.

Volleyball -Develop volleyball skills through drills and games, while promoting sportsmanship and enhancing individual contribution to a team

Basketball- Develop basketball skills through drills and games, while promoting sportsmanship and enhancing individual contribution to a team

Ball Hockey- Develop ball hockey skills through drills and games, emphasizing sportsmanship and fair play.

Soccer– Develop soccer skills through drills and games, emphasizing sportsmanship and fair play.

Y2C

Y2C Mission
The Youth 2000 Center (Y2c) strives to empower and strengthen our youth instilling a sense of future and opportunity through multi-disciplinary and community-based programs.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homework Haven 4:00 - 5:00pm Grade 7+	Homework Haven 3:00 - 4:00pm	Homework Haven 3:15 - 4:00pm	Homework Haven 3:15-4pm	Youth Drop In 3:00 - 10:00pm	Youth Drop In 5:00 - 10:00pm
Little Chefs (Ages 5 - 9) 4:15 - 5:00pm	Little Chefs (Ages 10 - 16) 4:15 - 5:00 pm	Homework Haven 4:00 - 5:00pm Grade 7+	Creativity Unleashed Art Class 4:15 - 5:00pm		
Youth Drop In 5:00 - 9:00pm	Youth Drop In 5:00 - 9:00pm	Youth Drop In 5:00 - 9:00pm	Youth Drop In 5:00 - 7:00pm		
Empowering Girls 6:30 - 7:30pm		Woodworking with Elmo 6:00 - 7:00pm	Movie Night 7:00 - 9:00pm		

Programs start January 3, 2012 unless stated otherwise.

Creativity Unleashed - let kids show off their creativity by participating in fun art classes. Activities will include painting, paper mache, designing t-shirts, sand creations and much more!

Little Chefs - teaches kids all about cooking. Kids will participate in making their own snacks! Cooking with children helps teach them skills such as math concepts, planning, responsibility and time management.

Homework Haven – is an afterschool tutoring /literacy program for area youth. The program focuses on literacy and homework by incorporating fun, skill building activities for participants.

Girls On The Move – is a self esteem program for girls grades 5 and 6 with educational and active living components.

Youth Drop In – is open for the youth on weekends. Activities that take place are board games, Nintendo Wii, pool, table tennis, etc. it is a safe place where teens can meet, have fun and take part in activities that promote stronger links between young people and their community.

Woodworking with ELMO - Elmo shows us how to create amazing woodworking projects such as bat houses, Go - Karts & so much more.

For more information on our educational seminars such as the babysitter’s course, Home Alone program, Self-Esteem,
 Visit the Y2C on 34 Bond Street or call us at 489-7601 or visit our website at www.youth2000centre.com